

## Adverse Childhood Experiences training offer

The term adverse childhood experience is used to describe a wide range of stressful or traumatic experiences that children can be exposed to whilst growing up, please view the link below for more information:

<https://www.youtube.com/watch?v=YiMjTzCnbNQ>

Dr Nadine Burke Harris gives a Ted Talk on ACEs that you may find interesting:

<https://www.youtube.com/watch?v=95ovIJ3dsNk>

Internal and External partners can access a free ACE E-Learning module by following the link below:

[https://www.acesonlinelearning.com/?mc\\_cid=8ed9ee3f84&mc\\_eid=0c075df0ad](https://www.acesonlinelearning.com/?mc_cid=8ed9ee3f84&mc_eid=0c075df0ad)

Please note Learners will be required to inform their organisations if they are undertaking the training.

Agencies will be responsible for monitoring and collecting data for their own staff regarding completion.

### **Available Support**

Although the effects of Aces can last a lifetime, there are many things that can help reduce and mitigate these effects. The good news story is that people can recover and do well. By seeking and receiving support the impacts of ACES can be reduced.

Below are a wide range of local and National organisations that will help you recognise, work through and reverse the impacts of ACEs whether that be for yourself or someone else.